

SAMPLE WEEKLY EVENTS CALENDAR

MONDAY



AM

Crosswords

LUNCH

One to Ones

PM

Balloon badminton

TUESDAY



AM

Gardening

LUNCH

One to Ones

PM

Pat the dog

WEDNESDAY



AM

Spa Day

LUNCH

Hairdresser

PM

One to Ones

THURSDAY



AM

Group exercises

LUNCH

One to Ones

PM

Quiz Time

FRIDAY



AM

Coffe Morning

LUNCH

One to Ones

PM

Bowling

SATURDAY



AM

Reminiscence

LUNCH

One to Ones

PM

Films

SUNDAY



AM

Reading

LUNCH

Songs of praise

PM

Arts and crafts

ENJOY OUR
ACTIVITIES!



Leighton House
specialised nursing care